

Design your

Omn

Experience



EXPERIENCES



BIRTHDAYS



STAG/HEN



TEAM DAY



BABY SHOWER



+ MORE!

Daytimes @ ORU SPACE

Curate your very own afternoon celebration at Oru. Whether it's a wholesome wellbeing day retreat or a delicious lunch and drinks in our cosy lounge, we have the spaces and offerings to help you create an experience your guests won't forget.



evenings @
ORU SPACE

Enjoy dinner and specialty cocktails in our Award Winning Tamil Sri-Lankan restaurant after an energising wellness class - or why not wind down for the evening with candlelit yin or sound healing? Whatever the occasion, we're here to help you bring your vision to life.



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Our -

Wellbeing Quarter

Spaces dedicated to wellbeing.

Treatments are available to book through our practitioners - visit [our website](#) to find out more.

CLASS TYPES

Class type is subject to availability, and can be altered to suit guest needs (beginner-advanced classes.)



ENERGISING

- barre
- dynamic vinyasa
- ashtanga / mysore
- pilates
- rocket



FLOW

- flow to restore
- wake up + flow
- hatha
- mandala yoga



RESTORATIVE

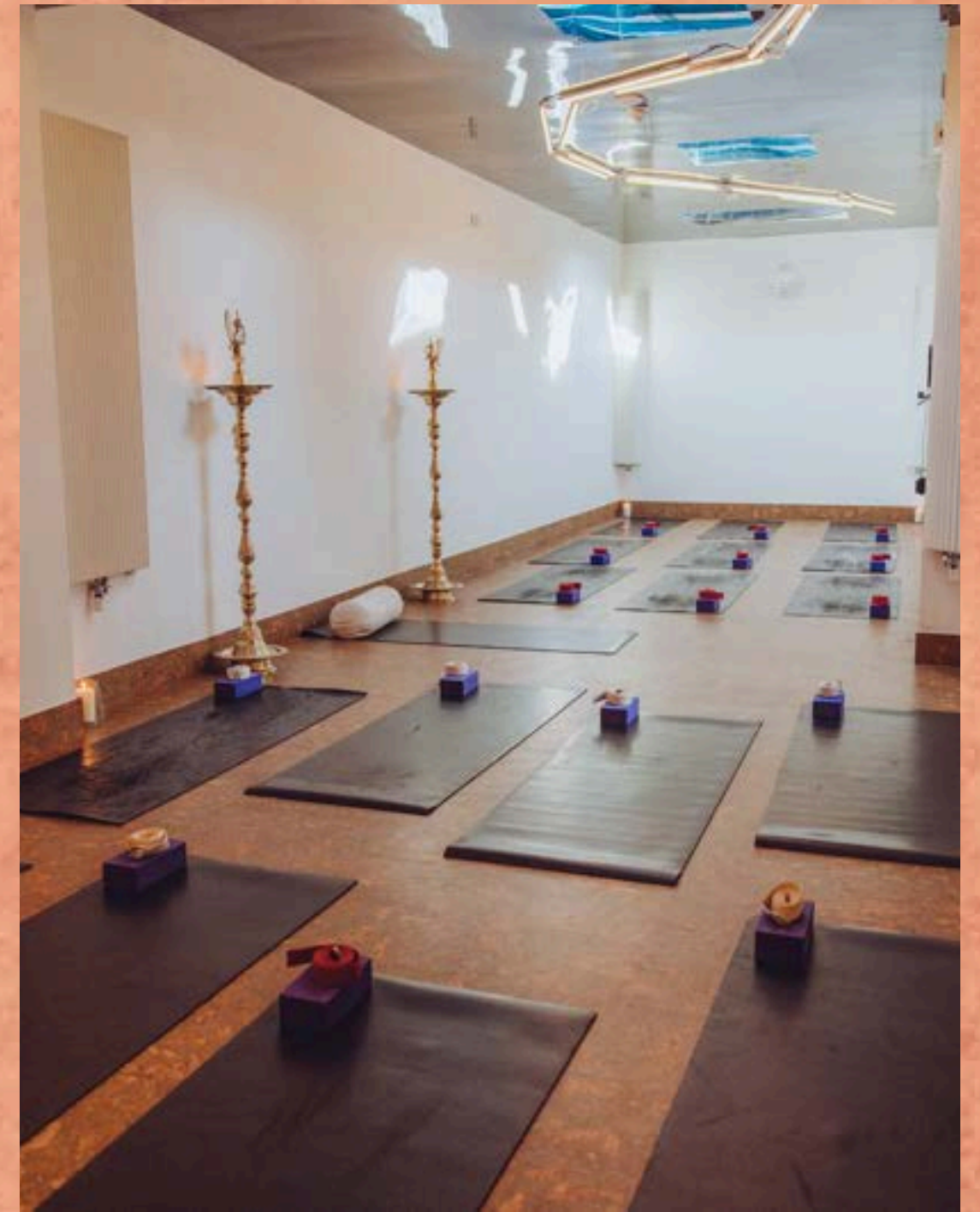
- candlelit yin
- breathwork
- stretch pilates



MEDITATIVE

- sound healing
- meditation

DULWICH
THE SANCTUARY





DULWICH

THE SANCTUARY

A peaceful, tranquil space ideal for yoga, pilates, sound healing, meditation and restorative practices.

18 capacity for movement-based classes,
22 capacity for sound healing,
28 capacity for meditation.

In-built speaker system.

Mats, bricks, straps, bolsters, blankets, eye pillows,
resistance bands and pilates balls provided.

Hire terms:

£50ph+VAT

Includes 30 mins to set up and pack down.

DULWICH

THE SURYAN





DULWICH

THE SURYAN

A light-filled space designed for barre, yoga and mat pilates classes.

12 mat capacity for yoga and pilates,
13 capacity for barre.

Road access from East Dulwich Grove.

Bluetooth speaker provided.

Mats, bricks, straps, resistance bands, arms weights and pilates balls provided.

Hire terms:

£50ph+VAT

Includes 30 mins to set up and pack down.

SUTTON
THE SURYAN





SUTTON

THE SURYAN

A light-filled space designed for yoga, mat pilates, barre, meditation and sound healing classes.

21 mat capacity for yoga and pilates,
20 capacity for barre.

Lift access via Throwley Way or entry through Times Square shopping centre.

In-built speaker provided.

Mats, bricks, bolsters, blankets, eye pillows, straps, resistance bands, arms weights and pilates balls provided.

Hire terms:

£50ph+VAT

Includes 30 mins to set up and pack down

DULWICH
THE LOUNGE





DULWICH

THE LOUNGE

A plant-filled relaxing lounge space connected to both wellness studios.

Available for solo hire or as part of studio hire.

30 capacity for seated talks.

Great for serving tea and cake as part of your event.

Ideal for talks, networking events, informal workshops.

Projector facilities available.

Please note: when classes are on, this space is used for entry/exit of the wellbeing studios.

Hire terms:

£30ph+VAT if added on to studio booking

£50ph+VAT for solo hire.

SUTTON
THE LOUNGE





SUTTON

THE LOUNGE

A light-filled, relaxing lounge space overlooking our community garden.

Available for solo hire or as part of studio hire.

30 capacity for seated talks.

Great for serving tea and cake as part of your event.

Ideal for talks, networking events, informal workshops.

Hire terms:

£30ph+VAT if added on to studio booking

£50ph+VAT for solo hire.

PRICING

DULWICH

Sanctuary	£50 p/h*
Suryan	£50 p/h*
Suryan/Sanctuary/Rooftop + teaching 60 min	£140 p/h*
Suryan/Sanctuary/Rooftop + teaching 90 min	£170 p/h*

*ex. VAT

SUTTON

Suryan	£50 p/h*
Suryan/Rooftop + teaching 60 min	£140 p/h*
Suryan/Rooftop + teaching 90 min	£170 p/h*

*ex. VAT



Celebrate at
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TRINCO *by Day*

Dulwich + Sutton

Trinco by Day: the perfect spot for a brunch celebration in the heart of Oru Space. Enjoy a selection of our fresh salads and sourdough sandwiches, hot food such as seasonal soup and the Oru dahl or share some chai & cake!



TRINCO *by Night*

Dulwich only

Trinco by Night: a vibrant evening restaurant with a Tamil Sri-Lankan inspired menu and cocktails. Enjoy our vegetarian or vegan sharing menu, tasting all of our most popular Trinco items.



PRICING

DULWICH

Trinco By Day

High quality lunch • Sourdough sandwiches • Seasonal salads	£11pp*
Homemade Cakes	£3.5pp*
House Chai/tea/filter coffee	£2pp*

*ex. VAT

All other drinks and add ons on top

Trinco By Night - Thu-Sat: Group sharing menu [here](#).

SUTTON

Trinco By Day

High quality lunch • Sourdough sandwiches • Seasonal salads	£11pp*
Hot food: Dhal/Biryani/curries	£18pp*
Cake (Large portions)	£3.5pp*
Chai/tea/filter coffee	£2pp*

*ex. VAT

All other drinks and add ons on top.





One - Coworking

*weekend hire only



DULWICH STUDIO 1

A spacious studio room with 12 desks - perfect for team activities, arts & crafts, training and workshops.

£50 p/h ex. VAT





DULWICH MEETING ROOM

Suitable for 4-6 people.

Private meeting room space with comfortable ergonomic office chairs.

Large monitor screen, with HDMI, Google Chromecast and Apple Airplay connections.

Whiteboard Wall to facilitate collaborative sessions.

Superfast 5GB/S Wi-Fi broadband.

Complimentary filtered water.

Food, drink and catering options available.

Short walk from East Dulwich and Peckham Rye stations.

£13.20 p/h ex. VAT, 25% discount if booked alongside other Oru facilities.



SUTTON MEETING ROOM

Suitable for 4-6 people.

Private meeting room space with comfortable ergonomic office chairs.

60" monitor screen, with HDMI, Google Chromecast and Apple Airplay connections.

Whiteboard Wall to facilitate collaborative sessions.

Superfast 5GB/S Wi-Fi broadband.

Complimentary filtered water.

Food, drink and catering options available.

Short walk from Sutton train station.

£18.48 p/h ex. VAT, 25% discount if booked alongside other Oru facilities.



SUTTON BOARD ROOM

Suitable for up to 21 people.

Private meeting room space.

60" monitor screen, with HDMI, Google Chromecast and Apple Airplay connections.

Whiteboard Wall to facilitate collaborative sessions.

Superfast 5GB/S Wi-Fi broadband.

Complimentary filtered water.

Food, drink and catering options available.

Short walk from Sutton train station.

£33 p/h ex. VAT, 25% discount if booked alongside other Oru facilities.

TERMS & CANCELLATION POLICY

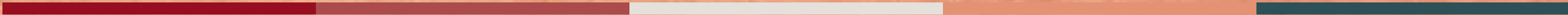
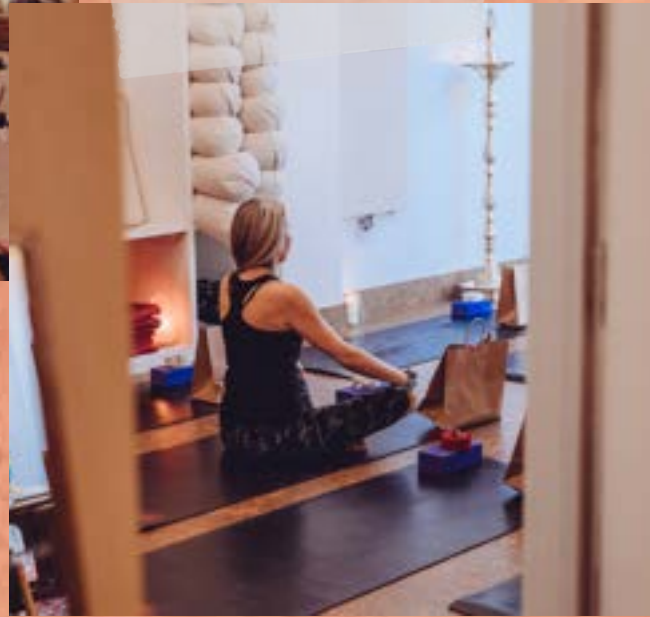
1.1 Cancellations must be confirmed in writing.

1.2. If the notice of cancellation is received 31 days prior to the Event, the Client shall not incur any charges in respect of the Hire Fee.

1.3. If there are cancellations less than 21 days prior to the Event, the Client shall pay Oru Space 50% of the pre-booked total following charges in respect of the Hire Fee.

1.4 If there are cancellations 14 working days prior to the Event, the Client shall pay Oru Space 100% of the pre-booked total.

1.5 Please note we may ask for a security deposit to be paid depending on the nature of your event.





CONTACT DETAILS

Website

www.oruspace.co
www.trinco.restaurant

Email Address

East Dulwich: hello@oruspace.co
Sutton: sutton@oruspace.co

Phone Number

East Dulwich: 020 8638 7812
Sutton: 020 3877 6663